

**COMMUNITY COUNSELING CENTER  
CLIENT RESOURCE REFERRAL LIST**

Referrals made during this intake or therapy. Check all that apply.

**Client Case #** \_\_\_\_\_

**Date:** \_\_\_\_\_

**\_\_SUBSTANCE ABUSE OR SUPPORT:**

- \_\_AA/NA/Alanon/Alateen: Call AA Central Office (541-3211) or 211-Meeting Schedule
- \_\_Aegis Medical Systems: 461-5212, Atascadero
- \_\_Captive Hearts: 481-4500 (Women's Residential Drug Treatment) Grover Beach
- \_\_Cambria Connection: 927-1654
- \_\_Center for Counseling and Recovery (Paso Robles): 227-4500
- \_\_Cottage Outpatient Center: (COPE) 541-9113
- \_\_County Drug & Alcohol: 781-4375 (SLO), 473-7080 (South Co.), 461-6080 (No. County.)

- \_\_Gryphon Society: 550-8140 (men) and 459-8735 (women) (sober living facility)
- \_\_LifeStyles Recovery Center: 238-2290, Paso Robles
- \_\_North County Connection: 462-8600, Peppertree Counseling (Pismo Beach): 545-9449
- \_\_POGUE (County D & A for Mothers): 781-4753
- \_\_Adult Children of Alcoholics (ACA) [www.allone.com](http://www.allone.com)

**\_\_HIV/AIDS:**

AIDS Support Network: (ASN) 781-3660

**\_\_GAY, LESBIAN, TRANSGENDER:**

- Parents, Family, and Friends of Lesbians and Gays (PFLAG): 801-2186
- Gay Men's Group (Fusion): 781-3660
- Tranz Central Coast: 242-3821

**\_\_CHILD AND FAMILY SERVICES:**

- Child Development Resource Center (CDRC): 544-0801
- Family Care Network: 781-3535
- Kinship Center: 434-2126
- Martha's Place: 547-1650

**\_\_PREGNANCY/PARENTING:**

- \_\_ALPHA Pregnancy & Parenting Support: 541-2273
- \_\_Child Development Center (CDC): 544-0801
- \_\_Community Action Partnership (CAPSLO): 544-4355 Homelessness/Fam. Planning
- \_\_Department of Social Services (DSS): 781-1600
- \_\_Kinship Center (Fostering): 434-2126
- \_\_Latino Outreach Program (LOP): 541-5280
- \_\_Martha's Place: 547-1650
- \_\_SLOCAP Parenting Phone Line: 543-3700 or ([www. Sloparent.org](http://www.Sloparent.org))
- The Link: 466-5404 (Family Advocate)

**\_\_DOMESTIC VIOLENCE/SEXUAL ASSAULT**

- \_\_CADV (Center for Alternatives to Domestic Violence) of SLO: 781-6406 (part of WSP)
- \_\_Domestic Violence Solutions of Santa Maria: 347-9994
- \_\_North County Women's Shelter and Resource Center: 461-1338
- \_\_RISE (North County Women's Shelter/ SARP): 226-5400
- \_\_Sexual Assault Recovery and Prevention Program (SARP): 545-8888
- \_\_SLO County Probation Solutions Unlimited/ Batterer's Intervention: 781-5300
- \_\_SLO Women's Shelter Program (WSP): 781-6400

**\_\_LEGAL ASSISTANCE**

California Rural Legal Assistance: 544-7994

**\_\_COUNSELING ALTERNATIVES:**

- Cal Poly Community Counseling Clinic (Practicum): 756-1532
- Young Adult Counseling Program 461-6080 or 453-6649 (SLO County Behavioral Health)
- Hospice of SLO (Grief Counseling): 544-2266
- Peppertree Counseling: 545-9449 (Pismo Beach)
- Center for Counseling and Recovery: 227-4500 (Paso Robles)
- Cal Poly Health Center: 756-2511 (Counseling Services)
- SLO Adult Learning: 543-7732 (SLO County Office of Education)
- Tidelands Counseling: 543-5060

**\_\_\_CASE MANAGEMENT ALTERNATIVES**

Cuesta College Independent Living Program: 781-1754  
(DSS & Cuesta College)  
Cuesta College WIA Youth Employment Program  
574-1520 X102

**\_\_\_CHRONIC/CRISIS MENTAL HEALTH ISSUES:**

County Mental Health (CMH) 781-4700 or  
1 800-838-1381 (24 hours)  
Hotline: 1-800-783-0607  
Cottage Outpatient Center: (COPE) 541-9113  
Mobile Crisis Services: (CMH) 781-700 or  
1 800-838-1381 (24 hours)  
Transitions Mental Health Association (TMHA):  
540-6500  
Vista Del Mar Hospital: 653-6434

**\_\_\_ASSISTANCE FOR HOUSEBOUND/ELDERLY:**

Alzheimer’s Association: 547-3830  
Caring Callers: 547-7025 X17  
Senior Peer Counseling: 547-7025 X15  
Senior Professional Therapy: 547-7025 X15

**\_\_\_VETERANS:**

SLO County Veteran Services: 781-5766  
SLO Vets Center: 210-6634  
Department of Veteran’s Affairs: 354-6000 (Santa Maria  
Office)

**\_\_\_HEALTH CARE (Low cost, MediCal,  
no insurance):**

Community Health Centers (CHC):  
929-3211  
SLO Noor Foundation (quality health care  
for uninsured) 439-1797

**\_\_\_RESOURCE INFORMATION 211**

**\_\_\_EMPLOYMENT ASSISTANCE:**

Cuesta College Independent Living  
Program:  
781-1754  
One-Stop Career Center: 903-1400

**\_\_\_HOMELESS ASSISTANCE**

Community Action Partnership (CAPSLO)  
544-4355  
El Camino Homeless Organization  
(ECHO):  
462-3663

**\_\_\_HOUSING ASSISTANCE:**

People’s Self Help Housing: 781-3088

**\_\_\_DISABILITY ASSISTANCE:**

Cal Poly Disability Resources: 756-1111

**\_\_\_Specific Psychiatrist:\_\_\_\_\_**

**\_\_\_Specific LMFT/LCSW/Psychologist:\_\_\_\_\_**